



COVID-19 CLUB GUIDELINES – INDOORS 2021

- Please only book via our booking system and arrive no more than 5 minutes before the allotted time.
- Bosses are to be placed on 2m centres from outer walls and then 1 x boss in the middle (approx. 2.7m) travelling up the Archery Range. This provides a minimum 2.5m safe space between Bosses and Archers.
- You must always practice social distancing and maintain a distance apart of at least 2 metres.
- Face masks **MUST** always be worn indoors unless you are exempt or on the shooting line.
- Archers must shoot in the same group and lane, at a single target during each session.
- Archers will shoot in groups of no more than 6 for the duration of indoor shooting. Archers must use their own or shared target face and pins within their group. It is advised to sanitise before and after each session and between any group change over.
- You must use your own equipment, sharing of equipment is not permitted. Take all your equipment home.
- Wear the correct gear; quivers, chest guard, arm guard, etc. should already be worn and you should be ready to shoot.
- Only enter the premises via the designated door and use the sanitiser provided.
- In order to minimise contact, please refrain from lingering after your shoot and leave via the exit door assigned as soon as you have de-strung your bow.

Chairman | Senior Coach

Rob Lucas
16 Clapper Lane
Clenchwarton
King's Lynn
Norfolk
PE34 4AW
Tel: 07770562651

chairman@marshlandarchers.co.uk

Secretary | Membership Secretary

Caroline Coates
24 Perkin Field
Terrington St. Clement
King's Lynn
Norfolk
PE34 4JR
Tel: 07585381602

secretary@marshlandarchers.co.uk

Treasurer

Tony Davies
20 St Martins Road
Wisbech
Cambridgeshire
PE13 3EX

Tel: 01945 583852

treasurer@marshlandarchers.co.uk



MARSHLAND ARCHERS

ALIVE DOWNHAM MARKET

- Toilet Facilities may be used in accordance with the venue owners' guidelines. However, the person using the toilet **MUST** sanitise their hands and it is advised to disinfect any equipment on returning to the shooting range.
- Only shoot at a distance you are comfortable with to avoid missing, losing or crossover arrows.
- Before and after the session, archers should sanitise their hands, clean their equipment and anything else used at the session.
- If you've had symptoms of COVID-19, please refrain from coming to the archery range and you should arrange a PCR test and await the results, if positive you must isolate for at least 10 Days.
- If someone in your family is symptomatic with COVID-19, please refrain from coming to the archery range and wait for the results of their PCR test. If positive you must isolate for at least 10 Days.
- Further Guidance can be found on our website – [Returning to Archery](#) and follow the [Government / NHS Guidelines](#) on dealing with symptoms.

Stay Safe and Have Fun

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